

BUSHWALKERS' NEWSLETTER



C minus walk Charleston NP 24 June Photo: Allan Johanson

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KEY DATES

- RASA Get Together - 24th September
- Riverton Camp - 22-28 September
- Blue Mtns Camp - 13-21 October
- Bondi/-Manly Camp - 21-28 October



C Walkers Littlehampton Photo: Allan Johanson

NEWSLETTER Articles, reports & photos are always welcome.

Deadline for next issue: Monday 23 November 2026

Send to Kathryn at newsletter.rasabushwalkers@gmail.com

Committee Members 2026 -2027

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E: president.rasabushwalkers@gmail.com

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Kathryn J Brown P: 0409 515 634

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Walk Planner - Margo Leatch

Volunteer and 'in-kind' support activities:

Heysen Trail: Don McDonald, **SARTI:** Don McDonald & Chris Magarey, **Lavender Trail:** Andrew & Elaine Davies

Certificates of Appreciation – *Tales of Recipients' Greatness*



Kerry Doyle

At the August 2026 AGM, President Kathryn presented awards to members who have made outstanding contributions to the Bushwalkers Club.

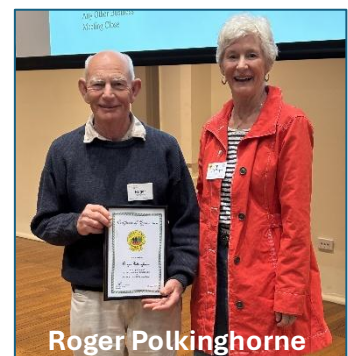
Recipients included Kerry Doyle, who over the past 20 years has led walks, organised camps and served as Newsletter Editor from 2016 to 2026.

Peter Kreminski served on the committee for six years, led day and camp walks, generously given his time and contributed photos and articles to the newsletter.

Roger Polkinghorne served as Treasurer on the committee from 2022 to 2025 and organised this year's Lavender Trail Camp.

Rose Watt was a committee member for 6 ½ years and coordinated & led D-grade walks for many years.

Trisha O'Dea (*in absentia*) was a committee member for over 2 years, leading many A and B walks & attended overseas/interstate camps.



Roger Polkinghorne



Peter Kreminski



Rose Watt



Welcome to the September 2026 edition of *Bushwalkers'*

Just back from enduring Europe's hottest summer on record and whilst hiding from the heat I read a book called *52 Ways to Walk* by Annabel Streets. In it the author provides inspiration for getting out and walking and some of the science behind why walking is so good for you. I think she could have included a chapter about our club and all the inspirational people it contains as it was my pleasure at the AGM to present certificates of appreciation to some of our members for their significant contributions to making this club so vibrant. See the article in this newsletter.

You will notice in the upcoming walks programme that there is no longer a separate summer walks listing for early morning walks. After reviewing last summer, it was decided to incorporate an EM option into all grades of walks except the C-/D/D4s. This streamlines the walk coordination process and hopefully keeps more walks happening despite the vagaries of the weather. T Walks will still be listed separately.

You might notice a couple of role changes within this year's committee. Paula Williams has moved to the Secretary role and Chris Rickard has joined Mark Harris as C Coordinator. Karen Baker has been co-opted onto the committee to do the Camps, Trails & Training role following the AGM. A late withdrawal meant we didn't have time to go through the nomination process prior. She will be up for nomination at next year's AGM.

Camps are going full steam ahead with the latest addition to next year's calendar being Thredbo in February with a week each for the A/B and B/C groups.

That's all from me for now.

Kathryn Brown

Membership News

Members are the lifeblood of our Club. We offer graded day walks every week, low-cost camps in SA and interstate as well as overseas walking adventures. Many of our members are active volunteers and support a variety of trails and parks. This quarter we welcome 40 new members.

New Members:

Karin Agostino, Michael Agostino, Paul Gill, Allison Cornish, Geoffrey Cornish, Darryl Pattison, Warwick Dillon, Gail West, Heather McCracken, Wendy Wilson, Diane Campbell, Helen Morgante, Lyn Beattie, Cheryl Pullman, Diane Pawlak, Doreen Mail, Alex Donald, Gillian Stevens, Susan Garrad, Dean Zweck, Bill Gommers, Paula Matters, Grant Smith, David Rawnsley, Avril Hill, Carolyn Mroczek, Vince Rose, Catherine Carlyle, Alan Bartlett, Vikki Bartlett, Jodi Jansons, Sue Fraser, Andrea Moore, Jane Rusalen, Beth Black, Gail Gill, Alison Todd, Deborah Hughes, Jan Lloyd, Joy Walterfang.

Membership Renewal

The membership renewal process has now concluded. Membership currently stands at around 560. About 60 members advised that they would not be renewing, and a further 20 did not respond either way. All non-members have now been removed from the web post system.

The password has not changed and will remain the same until we move to individual passwords with the new website.

Membership enquiries can be directed to membership.rasabushwalkers@gmail.com.

John Agnew

Walk Statistics June- August 2026

Grade	Walks Programmed			Walks Cancelled			Total Walks Walked			Total Distance Walked (km)			Kms walked by Walkers		
	J	J	A	J	J	A	J	J	A	J	J	A	J	J	A
A	5	5	5	0	0	0	54	48	38	89	93	85	952	861	629
B	5	5	5	0	0	0	90	104	99	68	71	72	1213	1469	1426
C	6	12	10	1	2	0	125	148	142	55	118	111	1365	1598	1501
C-	2	3	2	0	0	0	37	68	36	18	27	18	322	605	313
D	5	5	5	0	0	1	35	41	25	28	27	29	184	217	145
D4	6	4	4	0	0	0	74	67	53	25	17	18	305	286	238
CAMPS	9	13	1	0	0	0	40	121	12	119	253	3.5	520	2433	42
Total	38	47	32	1	2	1	455	597	517				4861	7469	4419

Walks programmed - are the walks included in the program

Total Walks Walked - the total number of walkers on programmed walks

Total Distance Walked - the sum of the distance for each walk

Kms walked by Walkers - kms walked by RASA walkers eg 20 walkers walk 10 km on a C walk = 200km

Retire Active SA Bushwalkers Inc.

BSB: 105-096 Account No: 081 805 940

Add your name, RASA membership number & payment code to ensure correct identification of funds:

- **Membership Renewal – 2700**
- **Camp Payment - Camp Code 27xx or 28xx or as advised by Camp Coordinator**
- **Training Payment – 27xx**

Have your contact details changed? Email:

membership.rasabushwalkers@gmail.com

Walk Leaders are encouraged to use this email to submit walk sheets.

Medical booklets: may be requested from the membership officer by email.

BANKING



Retire Active SA Bushwalkers

Checked out our **Facebook** page? Walk photos are posted most days.

Upcoming Camps& Trails 2026 - 2027

2026

22 - 28
SEPTEMBER
2026

Riverton SA C- Grade

Contact: *Raelene Wauchope* E: raelene.wauchope@gmail.com

13 - 21
OCTOBER
2026

Blue Mountains NSW All Grades

Contact *Andrew Davies* P: 0408 080 075

21 - 28
OCTOBER
2026

Bondi to Manly NSW A/B

Contact *Karen Baker* P: 0422 288 776

2027

9 - 24
JANUARY 2027

Flinders Island & Tarkine TAS B/B+

Contact *Karen Baker* P: 0422 288 776 FULLY BOOKED

1 - 9 & 9 - 17
FEBRUARY
2027

Thredbo Alpine Camps

Week 1 A/B, Week 2 B/C

Contact: *Kathryn Brown (Pres)* E: kathrynb33@gmail.com

MARCH
2027

Tasmania A Grade

Contact: *Iwona Pattison* P: 0418 728 477

24 MAR -12 APR
2027

Japan A/B FULLY BOOKED

Contact *Karen Baker* P: 0422 288 776

25 APR - 1 MAY
2027

Kangaroo Island SA A/B+ FULLY BOOKED

Contacts: *Chris & Nicole Green* E: nicolejgreen@yahoo.com.au
OR *Mark & Georgina Darter* E: mark.darter@bigpond.com

26 APR - 3 MAY
2027

Great Ocean Road VIC A/B+

Contact: *Peter Carroll* E: bugoaf@gmail.com

19 - 26
MAY 2027

Burra SA C Grade

Contact: *Christina Rickard* E: christina.rickard.55@gmail.com

22 - 26
JUNE 2027

Ikara Flinders Ranges SA All Grades

Contact: *Andrew & Elaine Davies* E: adav3456@bigpond.com

AUG - SEP
2027

UK Coast to Coast & Dolomites A/B+

Contacts: *John Agnew* E: jgagnew1@gmail.com
Nicole Green E: nicolejgreen@yahoo.com.au
Chris Green E: chrisgreen45@proton.me

Detailed information about the above camps can be found on our website:
Members Page under ***Upcoming Camps***.

Camps & Trails Updates

Bondi to Manly Camp 2026 B/B+

Bondi to Manly Walk 21/10- 28/10/2026 5 walking days. **NOTE DATE******

The Bondi to Manly Walk Camp is immediately following on from the Blue Mountains Camp. Sydney is a 2-3 hr drive from Blackheath or 3-4 hrs by public transport.

Walks: 5 days with 1 rest day 24/10/2026. Starting Bondi Beach 22/10, finishing Manly Beach on 27/10. We will have an opportunity to visit Taronga Park Zoo and lunch on the last day at Manly Beach. Distances can possibly be shortened by individual walkers on the day. More info at <https://www.bonditomanly.com/5-days-option-1>

Transport: All public transport, commuting each day from accommodation to Circular Quay and on to start point. Need an Opal card. Apply here <https://transportnsw.info/tickets-fares/eligibility-concessions/seniors>

Accommodation

Cockatoo Island (Option 1) Heritage house **FULLY SUBSCRIBED**

Other accommodations

- Air BnB, Caravan Parks etc in Sydney. **Book your own accommodation**

Any questions contact Karen Baker at baker_karenanne@yahoo.com.au

Tarkine and Flinders Island 2027 B/B+ ****Fully Booked****

Dates: 09 – 24 Jan 2027

Departure from Launceston.

Max number of participants 8-10 due to accommodation restrictions

1. Tarkine and The Western Explorer 6 days with Trek tours 10-15 Jan 2027

<https://www.trektoursaustralia.com.au/tour/tarkine-and-the-west-explorer/>

Ex Launceston. Guided tour included. 10 km kayak

5 nights lodge/cabin style accommodation (twin share)

16 January Rest Day in Launceston between tours. Participants to make own accommodation and arrangements for rest day.

2. Flinders Island, 8 days with Flinders Island Adventures 17 Jan to 24 Jan 2027

<https://www.flindersisland.com.au/>

Ex Launceston. 17/01 fly to Flinders Is. (group booking)

Guided, 2 BR house accommodation and multiple hotel unit, self-catering. 1 day-chartered boat cruise included.

5 walking days 6-9 km, 4-5 hrs medium difficulty, daily inc Mt Strzelecki rated mod to difficult

24/01 Fly back to Launceston or can fly to Essendon and then back to Adel. Own flight bookings.

Outback Satellite Text Messaging

Andrew and Elaine Davies recently confirmed they were able to send and receive text messages via satellite in the Flinders Ranges, where regular mobile coverage was unavailable.

Their iPhone 13 showed one bar of reception and the letters “SAT” instead of 5G.

To use this feature, a person needs a compatible phone and an eligible plan that includes satellite capability. This service significantly improves safety for small groups travelling in remote areas without normal mobile phone coverage.

Andrew Davies

Camps & Trails Updates

Japan 2027 with 'Walk Japan' B/B+ **Fully Booked**

Dates: 24 March - 12 April 2027

Max number of participants 8-10 due to accommodation restrictions

Self-Guided Nakasendo Wayfarer <https://walkjapan.com/tour/self-guided-nakasendo-wayfarer>

24 March to 1 April 9-days

Walking the mid-section of the historic road in central Japan, through rural, hilly countryside with expansive views.

The 9-day, 8-night Nakasendo Wayfarer starts in Inuyama, also near Nagoya, and visits additional historic post-towns of Mitake, Hosokute, and Okute before reaching Ena and continuing to Tokyo.

Tour accommodation is in Japanese inns and hotels.

Self-guided, day pack only with baggage transfer, most meals and transport where needed (no rest day possible).

Rest days 1-5 April, travel and accommodation to be arranged by walker

Self-Guided Shikoku Wayfarer <https://walkjapan.com/tour/self-guided-shikoku-wayfarer>

5-12 April 2027 8 days

The walk follows the steps of Kukai founder of the Shingon Buddhist faith, along Shikoku island's renowned 88-temple pilgrimage.

Remote forest trails and quiet lanes lead from temple to temple through urban landscapes and picturesque mountainous countryside to the Pacific Ocean coast. Stay in temples and inns with *onsen* thermal hot spring baths.

The 6-day, 5-night Shikoku Wayfarer tour starts and finishes in Tokushima. The 8-day, 7-night Shikoku Wayfarer starts in Tokushima, additionally visiting the picturesque Iya Valley, Zentsuji, and finishing in Kotohira.

Self-guided, day pack only with baggage transfer, most meals, Japanese style inns and transport where needed. (no rest day possible).

Any questions contact Karen Baker at baker_karenanne@yahoo.com.au

Coast to Coast and Dolomites 2027

In twelve months' time we will be in the midst of this trip. Although the trip is currently full, members are welcome to register their interest in the waiting list.

Waiting-list places are currently available as follows: one person is waiting for the Coast to Coast walk only, a short waiting list is open for the Dolomites walk only, and there is currently no waiting list for members who would like to do both walks.

The trip is structured around two groups of 14 walkers, with the groups starting two days apart.

Group 1: Coast to Coast starts on 11 August & finishes on 1 September

Dolomites runs from 9 September to 19 September.

Group 2: Coast to Coast starts on 13 August & finishes on 3 September

Dolomites runs from 11 September to 21 September.

For more information, contact John Agnew at membership.rasabushwalkers@gmail.com.

Camps & Trails Updates

Blue Mountains Camp 2026 All Grades Camp Code 2607

The Blue Mountains Camp planning is progressing well, with six days of excellent walking planned for members.

Registrations are approaching 100 members, and anyone who has not yet registered is still welcome to attend.

Walks and Camp Information

Details of the planned walks are now available on the Club website. All camp information is also expected to be made available through the Club website.

Camp Management Plan

A Camp Management Plan has been prepared on the understanding that participants will be staying at a range of locations across the Blue Mountains.

This arrangement has led the coordinators to consider different approaches to daily planning. Briefings and Happy Hour will continue in the traditional format; however, participation is intended to be optional.

Members should have enough information in advance to choose their walks, sign on, and decide whether to start the day at Blackheath Glen Tourist Park or at the walk trailhead.

Stack Team App

The Camp Coordinators reviewed several options for supporting the goals of the Management Plan. The Stack Team App was selected after being trialled by two separate groups: the BMC Coordinators and the Flinders Ranges Camp 2027 Scoping Team.

Walkers who have re-registered should have received an invitation from Stack Team to join the **RASA Blue Mountains Camp** team.

- Download the free Stack Team App from your phone's app store.
- Open the app and create a Stack Team account using your email address.
- Search for and join **RASA Blue Mountains Camp**.

C- Walks

C- walks will be offered as required, depending on demand and leader availability. Current registrations include 19 C walkers, 6 C/D walkers, and 6 D walkers.

Walk Coordinators

- **A Grade:** John Agnew and Geoff Mansfield
- **B Grade:** Monique de Wit and Karen Baker
- **C Grade:** Brian and Mary Denton
- **D Grade:** Liz O'Shea and Maureen McSheffrey

Camp Coordinators: **Andrew and Elaine Davies**

Camps & Trails Updates

Burra 2027 C Grade

Arrive: Wednesday 19 May 2027 **Depart:** Wednesday 26 May 2027

Walks and locations

A variety of walks are planned, using sections of the Heysen and Mawson Trails. Proposed areas include Hallelujah Hills, Webb's Gap, Worlds End, Tourilie Gorge and Red Banks Conservation Park.

Camp numbers and fees

Twenty-two (22) registrations have already been accepted. The camp is limited to 35 participants. A small camp fee will be required to cover costs such as hall hire and reconnaissance travel. The final amount is still to be determined.

Accommodation

****Paxton Square Cottages are currently FULLY BOOKED.**

☆☆ If you have booked accommodation at Paxton cottages and are unable to attend the camp **do not cancel your accommodation, contact the camp coordinator prior to cancelling.**

Other accommodation options are provided on www.visitburra.com.au

Clare, Saddleworth and Riverton are all within 30-40 min drive to Burra.

There are 2 walkers who have booked 2 separate cottages and are wanting to share. *Contact the camp coordinator for details.*

Registration details

Once you have booked your accommodation, please register your name with me to attend the camp. Include the following details:

- Name and membership number
- Email address
- Mobile number
- Accommodation details
- Whether you would like to lead a walk

Questions?

Please contact the Burra Camp Coordinator: Chris Rickard at christina.rickard.55@gmail.com

Thredbo Alpine Camps - February 2027

We have been fortunate to secure the use of the Schuss Lodge in Thredbo next February to hold two Alpine summer camps. The camps offer a week of alpine walking with time to enjoy the Thredbo area between walks. Each camp will include six walking days and a rest day in the middle

A/ B week – Arrive: Monday 1 February Depart: Tuesday 9 February

B/C week – Arrive: Tuesday 9 February. Depart: Wednesday 17 February

Cost: \$680 per person, twin/double share

Rooms: ensuite bathrooms

Facilities: communal lounge, dining and kitchen areas, plus balcony barbecue.

For more information, visit the Camps page on the website or

contact Kathryn Brown at kathrynb33@gmail.com.

Walkers' Gallery



Albert Kuster at Joint weeding day explaining weed identification for African Daisies & Boneseed Photo: Allan Johanson



B walkers - Kuitpo. Photo: Les Gray



C Walk - only 4 'brave' walkers Photo: Allan Johanson



Cruisey C walk - Kings Birthday Holiday weekend Photo: Andrew Davies



C walk Littlehampton 2 August Photos Allan Johanson



C walk in recent heavy rains Photo by Mary



Photo: Albert Kuster



C walk Morialta 'Doing the hard yards'



B Walk Crafers/ Stirling Photos: Les Gray



Important Summer Walking Reminder Notice



Check the ABC/BOM forecast and CFS Total Fire Ban information after 4–5 pm the day before each walk.

Walk leaders **do not attend the meeting place** if the walk has been cancelled because of a Total Fire Ban.

Normal day walks are cancelled if:

- the temperature forecast for Adelaide is 32C or higher, or
- the temperature forecast for Adelaide is equal to or higher than a leader's nominated "cut off" temperature, or
- there is **Total Fire Ban** at the meeting place or in the walk area

Walk Library

Did you know the RASA website has an extensive walk library with hundreds of GPX files available for members?

Members can use the files to find ideas for leading walks or to plan their own outings, then download them for use in their preferred navigation app.

The library can be found in the **Member's Area** under **'Resources for Leading Walks'**.

Screenshot of some B walks available from 2025 on right

John Agnew

20250213 O'Halloran Hill	13.2 km	478 Hm
20250219 Mylor	14.9 km	393 Hm
20250303 Christies Beach	15 km	347 Hm
20250321 Totness -Part	12.7 km	312 Hm
20250326 Sturt_Gorge	10.9 km	476 Hm
20250408 Marion Coastal Trail	10.9 km	425 Hm
20250419 Mylor	15 km	568 Hm
20250426 Kuitpo	14.2 km	564 Hm
20250502 Onkaparinga Hills	13.6 km	570 Hm
20250508 Mt Crawford	16.4 km	483 Hm
20250514 Mt Osmond	13.4 km	562 Hm
20250607 4th 5th Creek	17 km	1020 Hm
20250613 Cox's Scrub	16.5 km	405 Hm
20250619 Kuitpo Rocky Hut	14.3 km	483 Hm
20250625 Belair NP	15.3 km	477 Hm
20250701 Tower Circuit Mt Crawford	15.1 km	584 Hm
20250707 Scott Creek	12.1 km	785 Hm
20250731 Onkaparinga north	13.7 km	429 Hm
20250812 Watts Gully	15.3 km	483 Hm
20250824 Kuitpo	14.9 km	317 Hm
20250830 Para Wirra	11.7 km	387 Hm

Club Equipment



Club Equipment including **Garmin Etrex GPS** units and **Personal Locator Beacons (PLBs)** are now being held by *Andrew Davies*. Should a Club Member wish to borrow any of these items, please contact him direct on 0408 080 075. *Andrew Davies*



Neil Renfrey, Geoff Mansfield & Marg Butler who led their first A walk in June



Sent in by Allan Johanson

Beware the Bears!

Maybe only if you happen to be in Alaska

A Walks Summer Program

Beth Carroll & Nicole Green

Duration: 5 to 6 hours including lunch morning tea & other breaks.

Distance up to 20 km. May include very rough terrain & steep gradients.

Walks are converted to early morning walks (EM) if:

- the temperature forecast for Adelaide is 32 C or higher (**ABC/BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature

Walks are cancelled if:

- A Total Fire Ban is declared for the walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing & subject to change. Refer to our website to confirm details closer to your walk.

Day	Departs	Leader	Area	Meeting Place
OCTOBER 2026				
Fri 2	8.00 EM 28°C 7.30	Madeleine Said 0415 351 237	Belair NP Same	Carpark by golf course & caravan park XJQP+MJ Belair
Thu 8	8.00 EM 28°C 7.00	Kellie Holbrook 0414 764 456	Hallett Cove Same	Marino Rocks café carpark XG45+2F5 Marino (Train back to start. Bring Seniors/Metro Card)
Wed 14	8.00 EM 30°C 7.30	Suzie Tolcher 0439 831 057	Bridgewater Same	Bridgewater Oval carpark XQQ5+WVG Bridgewater
Tue 20	8.00 EM 28°C 7.30	Tim Threlfall 0402 513 638	Sturt Gorge Same	Carpark by Flagstaff Hill Kindergarten, Renwick Street XH3J+7MC Flagstaff Hill
Mon 26	8.00 EM 28°C 7.30	John Glover 0435 602 392	Mitcham Springs Same	2JFP+9GF Hillside Rd, Springfield 17km, 875 elevation



A Walkers at O'Halloran Hill 30 August 2026
The walk ~ 18 km was completed in glorious weather.
Led by Karen.



The RASA Heysen 17 group at the trailhead at Parachilna after completing the last walk of their journey.
RASA FB post 19 July 2026

A Walks Summer Program

Beth Carroll & Nicole Green

NOVEMBER 2026

Sun 1	8.00 EM 28°C 7.00	Beth Carroll 0427 211 501	Brown Hill Creek Waite Reserve Same	Norman Walk 2JCC+2HG Mitcham
Sat 7	8.00 EM 28°C 7.00	Nicole Green 0417 041 122	A++ Anstey Hill Recreation Park Same	Anstey Hill Car Park off North East Rd 5PGM+88 Tea Tree Gully
Fri 13	7.00 EM 28°C 7.30	Tim Threlfall 0402 513 638	Sea to Summit 34 km / 8 hours Sturt Gorge	Kingston House car park XG69+65W Kingston Park Minibus return from Mt Lofty (<i>for details see 'Walk Resources' on website</i>) Text leader by Friday 6 November if you would like to use the minibus Manson Oval car park XH9P+JV6 Bellevue Heights
Thu 19	8.00 EM 28°C 7.00	Peter Carroll 0417 575 645	Para Wirra Torrensville	Mack Creek Hike Car Park, Humbug Scrub Road, 8R29+H8 Humbug Scrub Brickworks car park 3HP7+R2C Torrensville
Wed 25	8.00 EM 28°C 7.00	John Agnew 0438 523 560	Blackwood Forest & beyond Same	Corner of McNamara Rd and Light Rd Coromandel Valley XJ27+VPC Coromandel Valley

DECEMBER 2026

Tue 1	8.00 EM 30°C 7.00	Catherine Beer 0406 118 826	Onkaparinga Rec Reserve, Port Noarlunga Same	Wearing St carpark next to Sauerbier House, Pt Noarlunga RFXC+8QH Pt Noarlunga
Mon 7	8.00 EM 27°C 7.00	Geoff Mansfield 0432 905 453	Eagle MTB Park/Cleland Same	280 Mt Barker Rd, Leawood Gardens 2MFC+HJ Leawood Gardens
Sun 13	8.00 EM 28°C 7.00	Peter Carroll 0417 575 645	Morialta Same	Lower carpark on Stradbroke Rd 4M3R+9FC Magill
Sat 19	8.00 EM 28°C 7.00	Kathy Schuller 0439 552 245	Cleland Same	Free car parks leading to Mt Lofty summit cafe 2PF5+8WP Cleland
Sat 26	8.00 EM 32°C 7.30	Chris Green 0409 047 163	Cudlee Creek 17km, 935 elevation Horsnell Gully	Fox Creek Bike car park, Croft Rd 4R6F+XF Lenswood Coach Rd, Skye 3M9W+8V Skye

B Walks Summer Program

Andrew Davies & Margo Leatch

Duration: 4 to 5 hours including lunch morning tea & other breaks.

Distance 12-17 km. May include steep gradients.

Walks are cancelled if:

- the temperature forecast for Adelaide is 32° C or higher (**ABC / BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature
- a Total Fire Ban is declared for the walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing and subject to change. Refer to our website to confirm details closer to your walk.

Day	Departs	Leader	Area	Meeting Place
OCTOBER 2026				
Mon 5	8.30 EM 7:30	Karen Baker 0422 288 776	Woorabinda	Cut off 28 C Heathfield Oval XPG8+MCQ Heathfield
Sat 10	8.30 EM 7:30	Carol Matoga 0431 029 650	Parra Wirra CP	Mack Creek carpark 8R29+H8 Humbug Scrub
Sat 17	8.30 EM 7:30	Catherine Beer 0406 118 826	Barossa Goldfields and Para Wirra West Beach	Cut Off 30 C Barossa Goldfields carpark on Allendale Road, 8RVG+FC Altona SA Apex Park Carpark, Burbridge Rd West Beach 3G76+W59 West Beach
Fri 23	8.30 EM 7:30	Bob Leatch 0407 407 270	Torrens Park to Coro Valley Stn	1 George St, Torrens Pk 2J87+97J Bring Seniors Card – return by train
Thu 29	8.30 EM 7:30	John Thompson 0488 698 885	Black Hill	Foxfield Oval 4P92+C7 Rostrevor
NOVEMBER 2026				
Wed 4	8.30 EM 7:30	Margaret Butler 0428 140 960	Field River	Cut off 28 C WG74+JH7 Hallett Cove Car park off Oval Avenue Hallett Cove
Wed 11	8.30 EM 7:30	Neil Renfrey 0427 888 878	Stirling to Mark Oliphant Cons Park	Cut off 30 C Milan Terrace XPR8+8P3 Stirling
Tue 17	8.00 AND EM 7:00	Tim Threlfall 0402 513 638	Sea to Summit Part 1	B+ Cut off 28 C Carpark adj Hawthorndene Oval XJHF+G7P Car Shuffle
		Robyn Guy 0400 360 745	Flinders Uni	This EM walk will occur irrespective of the temperature. Shepherd's Hill Carpark, Ayliffe's Rd XHQH+GXF St Marys
Sun 22	8.30 EM 7:00	Les Gray 0431 826 605	Kuitpo Forest	Cut off 30 C Cnr Brookmans and Christmas Hill Rds, Kuitpo. QM8J+MFV
		Monique de Wit 0431 826 605	Waite	Waite Oval, Claremont Ave, Urrbrae 2JHH+PF
Sat 28	8.30 EM 7:00	Karen Baker 0422 288 776	Blackwood Forest	Cut off 28 C Blackwood Forest Carpark XJCG+99, Hawthorndene
DECEMBER 2026				
Wed 2	8.30 EM 7:00	TBA		Walk Leader needed
Fri 4	8:00 EM 7:00	Tim Threlfall 0402 513 638	Sea to Summit Part 2	B+ Cut Off 28 C Carpark off Summit Rd Mt Lofty. 2PF5+8V9 Mt Lofty SA Car Shuffle
Thu 10	8.30 EM 7:00	John Thompson 0488 698 885	Sturt Gorge	Blackwood Oval XJ85+F5
Wed 16	8.30 EM 7:00	Margrit Warmer 0421 556 192	Scott Creek	Almanda Mine Carpark, Dorset Vale Rd WM8F+VFX Cherry Gardens
Wed 23	8.00 EM 7:00	Kathryn Brown 0428 194 065	Crafers	Cut off 28 C Crafers Roundabout, 2P33+86P, Crafers.
Tue 29	8.30 EM 7:00	Robyn Guy 0400 360 745	Belair NP	Cut off 30 C Belair NP Holiday Park Carpark XJQP+QJ Belair

C Walks Summer Program

Christina Rickard & Mark Harris

Duration: 3 -4 hours. *Lunch, morning tea & other breaks.* **Distance:** 9-12 km. *moderate gradients.*

Early Morning walks occur only if:

- the temperature forecast for Adelaide is 32°C or higher (**ABC / BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature

Both walks are cancelled if:

- a **Total fire ban** is declared in the walk area (**CFS Website / Alert SA App**)

Walk schedules are correct at printing. Refer to our website via the walks link to confirm details closer to your walk

OCTOBER 2026

When	Leader	Area	Location Details
Sat 3 9.30 EM 7.30	Caroline Prescott 0448 315 054	Tuscany loop, Mt Lofty	Cut off 28°C Carpark Mt Lofty Gate, Mt Lofty Summit Rd 2PF5+8V9 Cleland (UBD 145-B1)
Sat 3 9.30	Chris Rickard 0405 276 361	Mylor CP & Parklands	Carpark Cnr.Stock Rd & Strathalbyn Rd XQ56+W86 Mylor (UBD 158-F12)
Fri 9 9.30 EM 7.30	John Agnew 0438 523 560	Kuitpo	Blackfellow's Rd, near Harvey Rd QP9C+7V7 Prospect Hill
Fri 9 9.30	Elizabeth Alvey 0438 843 066	Brownhill	McElligotts Quarry car park, end of Carrick Hill Drive 2J8H+Q3 Mitcham (UBD 143-B4)
Thur 15 9.30 EM 7.30	Pil Buxton 0421 211 211	Happy Valley Reservoir loop	Tower entrance carpark, off Chandlers Hill Rd WHH7+JP3 Happy Valley (UBD 165-K12)
	Suzie Tolcher 0439 831 057	Nixons Mill to Totness Dam Hahndorf	Nixons Mill, Nixon Rd XR2M+XR Hahndorf (UBD 160-C15)
Wed 21 9.00 EM 7.30	Albert Kuster 0498 578 367	Belair to Mitcham via Pony Ridge	Sheoak Rd, Sir Edwin Ave entrance, 2J3P+4C Belair (UBD 143-E10) Bring Seniors/ Metro card
Tues 27 9.30 EM 7.30	Dot Zweck 0424 737 940	Watiparinga & Shepherds Hill RP	Cut off 28°C park near end of Gloucester Ave & Pym St XJR2+2V Belair (UBD 142-H16)
Tues 27 9.00	Jenny Liebich 0406 021 977	Crafers to Mitcham via Carrick Hill	Cut off 28°C Mitcham Reserve, Cnr Old Belair Rd & Evans Rd 2J9C+8JF Mitcham Car shuffle to Crafers Park & Ride



C- group waiting at the Cow Crossing!!
Photo Allan Johanson



C walk Watts Gully 14 Aug. Photo Allan Johanson
Might be a theme happening!

C Walks Summer Program

Christina Rickard & Mark Harris

NOVEMBER 2026

When	Leader	Area	Location Details
Mon 2 9.30 EM 7.30	Brian Denton 0478 293 500	Anstey Hill	Cut off 28°C Carpark off Quarry Track North East Rd, 5PGM+88 Tea Tree Gully
Mon 2 9.30 EM 7.30	Anthea Magarey 0467 543 809	Belair NP	Cut off 30°C Sheoak Rd, near Pony Ridge Rd 2M22+84 Belair (UBD 143 - K11)
Sun 8 9.30 EM 7.30	Robyn Guy 0400 360 745	Shepherds Hill RP & Watiparinga	Cut off 30°C Park near end of Gloucester Ave & Pym St XJR2+2V Belair (UBD 142-H16)
Sun 8 9.00 C+	Lorraine Thomas 0418 819 634	Sea to Summit 1 Kingston Park to Manson Oval 12.2 km	Manson Oval, Sargent Parade XH9P+CW Bellevue Heights, (UBD 154-C10) Car shuffle to Kingston House
Sat 14 9.00 EM 7.30	John Agnew 0438 523 560	Macclesfield	Macclesfield Oval, Strathalbyn Rd, RRJJ+PVM Macclesfield
Sat 14 9.00 C+	Lorraine Thomas 0418 819 634	Sea to Summit 2 Manson Oval to Sheoak Rd 12.2 km	Carpark Sheoak Rd & Saddle Hill Rd XMRH+WH Belair (UBD 144-F15) Car shuffle to Manson Oval
Fri 20 9.30 EM 7.30	Caroline Prescott 0448 315 054	Chambers Gully Cleland	Cut off 28°C Carpark near toilets, Cleland Wildlife Park, Mt Lofty Summit Rd 2MMX+G3 Crafers (UBD 132-N12)
Fri 20 9.00 C+	Lorraine Thomas 0418 819 634	Sea to Summit 3 Sheoak Rd to Mt Lofty Summit 9 km	Carpark, Mt Lofty Gate, Mt Lofty Summit Rd, 2PF5+8V9 Cleland, (UBD 145-B1) Car shuffle to Sheoak Rd
Thur 26 9.30 EM 7.30	Jenny Liebich 0406 021 977	Cleland	Cut off 28°C Opposite Bus stop 18 Greenhill Rd 2PV2+WRM Greenhill (UBD132-P7)
Thur 26 9.30 EM 7.30	John Thompson 0488 698 885	Morialta CP	Carpark Stradbroke Rd, 4M3R+8F Woodforde (UBD 108-J14) 9.4km Elevation 412m

DECEMBER 2026

When	Leader	Area	Location Details
Wed 2 9.30 EM 7.30	Valerie Dobie 0412 391 562	Waite Conservation Reserve	Cut off 28°C Carpark Waite Rd, near Bus stop 22 2JMP+29J Urrbrae (UBD131-E13)
Tue 8 9.30 EM 7.30	Margrit Warmer 0421 556 192	Happy Valley Reserve & Reservoir	Minkarra Park car park, Manning Rd, near Happy Valley Drive WHJM+GV4 (UBD 166-B10)
Mon 14 9.30 EM 7.30	Peter Watts 0413 808 334	Happy Valley high & wet bits	Cut off 28°C Tangari Park car park, Pine Rd & Pimpala Rd VHWF+W64 Woodcroft (UBD 177-N10)
Sun 20 9.30 EM 7.30	Neil Nosworthy 0429 773 800	Kingston Park / Marino	Kingston House, Cameron Ave, XG69+47 Kingston Park (UBD 152-G14)
Sun 27 8.30 EM 8.00	Evelyn Pain 0407 606 741	Hk Fry Reserve	Cut off 28°C Carpark adj Crafers Primary School, Violet Ave 2P46+GV6 Crafers (UBD 145-8C)

C- Walks Summer Program

Raelene Wauchope & Peter Watts

Duration: 3 to 3.5 hours including lunch, morning tea & other breaks.

Distance 7-9 km on relatively level surfaces with some easy gradients.

Walks are cancelled if:

- the temperature forecast for Adelaide is 32° C or higher (**ABC / BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature
- a Total Fire Ban is declared for the meeting place or walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing and subject to change. Refer to our website to confirm details closer to your walk.

Day	Departs	Leader	Area	Meeting Place
OCTOBER 2026				
Thu 1	9.45 EM 8.45	Brian Rasmus 0431 378 317	Brownhill Creek / Ellisons Gully	Manure Pits, Brownhill Creek Rd, Brownhill Creek. 2J7V+6J (UBD 143-H6)
Mon 12	9.45 EM 8.45	Bruce Jarmyn 0490 833 282	River Torrens Linear – Highbury to Athelstone	Cutoff 28°C Cnr River Dve & Bridget St, Athelstone. 4MQW+22J (UBD 96-K14)
Sun 18	9.45 EM 8.45	Peter Kreminski 0414 810 058	Rocky Creek Forest	Rocky Creek Campground, Razorback Rd, Meadows. VP3R+W2Q (UBDMR 013-C7)
Sun 25	9.45 EM 8.45	Christina Rickard 0405 276 361	Mark Oliphant Conservation Pk	Cutoff 28°C Mark Oliphant Conservation Park Trailhead, Scott Ck Road, Heathfield. XP75+JW (UBD 157-B1)
Fri 30	9.45 EM 8.45	David Evans 0400 267 365	Seacliff-to Marino	Kingston House, Cameron Ave, Kingston Park. XG69+72 (UBD 152-G14) Bring Seniors/Metro card

NOVEMBER 2026				
Thu 5	9.45 EM 8.45	Rodney Curtis 0427 786 280	Belair National Park	Carpark adj Belair National Park Holiday Park, Upper Sturt Rd, Belair. XJQP+QJ (UBD 143-E16)
Thu 12	9.45 EM 8.45	Debbie Sampson 0456 648 115	Happy Valley Reservoir Woodland	Carpark Chandlers Hill Rd, Happy Valley. WH99+PQHV (UBD 165-M16)
Wed 18	9.45 EM 8.45	Margaret Young 0405 977 650	Sturt River Linear Park trail	Frank Smith Park, Magarey Rd, Coromandel Valley. XJ8H+655 (UBD 155-C10)
Mon 23	9.45 EM 8.45	Raelene Wauchope 0402 268 144	Craigburn Farm trails	Cutoff 28°C Blackwood Football Club carpark, Craigburn Rd, Blackwood. XJ84+GW9 (UBD 154-K11)
Sun 29	9.45 EM 8.45	Peter Watts 0413 808 334	Onkaparinga R. Recreation Park	Carpark Seaford Meadows Railway Station. RFCQ+G9X (UBD 195-N12)

DECEMBER 2026				
Sat 5	9.45 EM 8.45	Sonia Gibb 0417 769 269	River Torrens Linear	Carpark Apex Park, Burbridge Rd, West Beach. 3G76+V46 (UBD 116-16C)
Fri 11	5.00 EM 8.45	Rodney Curtis 0427 786 280	Hawthorndene	Carpark adjacent tennis courts, Watahuna Ave, Hawthorndene. XJJF+7C8 (UBD 155-A4)
Thu 17	9.45 EM 8.45	Paula Williams 0409 094 773	Woorabinda Bushland Res	Cutoff 26°C Carpark Stirling Oval, Mt Barker Rd, Stirling. XPR9+MJ5 (UBD 145-E15).
Thu 24	9.45 EM 8.45	Liz Regan 0439 337 111	Flagstaff Hill	Cutoff 28°C Carpark adjacent oval, Flagstaff Hill Recreation Ground, Coromandel St, Flagstaff Hill. WHWV+QVG (UBD 166-E4)
Wed 30	9.45 EM 8.45	Raelene Wauchope 0402 268 144	Hallett Cove Conservation Pk	Cutoff 28°C Carpark, Second St, Hallett Cove. WGJ3+F3 (UBD 164-B11)

D Walks Summer Program

Ann Shipley & Heather Todd

Duration: 2 to 3 hours including morning tea, lunch & other breaks.

Distance - 5 to 7 km. Easy walking, slight gradients. Walk planned around Public Transport.

Walks are cancelled if:

- the temperature forecast for Adelaide is 32° C or higher (**ABC / BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature
- a Total Fire Ban is declared for the walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing and subject to change. Refer to our website to confirm details closer to your walk.

Day Departs Leader Area Meeting Place

OCTOBER 2026

Sat 10	10:00	Ann Shipley 0449 151 003	City to LeFevre Park	City Cross Grenfell St side by bus stop F2
Fri 16	9:36	Chris Wellington 0456 672 166	Waite Campus to Mitcham Reserve	Stop C3 East Side King William St. Bus 170. Alight Stop 23
Thu 22	9:45	Heather Todd 0448 051 440	South/East Parklands	South Road Tram Stop
Wed 28	9:29	Liz Woodham 8294 5805	Wildflower Garden Athelstone. Bring sticks	CUT OFF 30°C Stop X1 King William St. Bus 178. Alight Stop 31 Maryvale Rd

NOVEMBER 2026

Tue 3	8:59	Dianne Campbell 0418 601 665	Linear Park - Berri Reserve to Paradise	Stop F2 Grenfell St. Bus 54. Alight Paradise Interchange then Bus 559 at 9:23
Mon 9	9:33	Liz Woodham 8294 5805	Flagstaff Hill	CUT OFF 30°C Stop C3 King William St. Bus G20. Alight Stop 37 Blacks Rd
Mon 16	9:24	Liz O'Shea 8352 1636	Mt Lofty to Crafers via Carro Track	Stop F1 Grenfell St. Bus T800. Alight Crafers then Bus 823 to Mt Lofty
Sat 21	9:22	Maureen Mc Sheffrey 0420 869 538	Parklands	Adelaide Railway Station. Flinders train. Alight Mile End 9:26
Fri 27	9:42	Maureen Mc Sheffrey 0420 869 538	Pt Adelaide	Adelaide Railway Station Outer Harbour train. Alight Pt Adelaide

DECEMBER 2026

Thu 3	9:36	Faye Maude 0417 553 790	Hope Valley Reservoir	Stop E2 Currie St Bus 271. Alight Stop 38B Grand Junction Rd at 10:12
Wed 9	9:17	Heather Todd 0448 051 440	Byards Rd Wetlands	Stop D2 King William St Bus T721. Alight Reynella Interchange
Tue 15	10:00	Maureen McSheffrey 0420 869 538	Christmas lunch at The Kentish Hotel	Adelaide Railway Station
Tue 22	9:55	Ann Shipley 0449 151 003	Linear Park - Drage Park loop	Stop F2 Grenfell St. Bus M44. Alight Klemzig Interchange
Wed 30	9:35	Liz Woodham 8294 5805	Glengowrie to Glenelg	CUT OFF 30°C Rundle Mall Tram Stop. Glenelg Tram. Alight Glengowrie and meet leader



CHRISTMAS LUNCH for present and past D walkers

Tuesday December 15th at 12 noon.

The Kentish Hotel, 23 Stanley Street North Adelaide

Phone: Ann Shipley 0449 151 003 for attendance.

D4 Walks - Summer Program Faye Maude, Ann Shipley & Heather Todd

Duration: varies, Lunch or coffee at the end. Bring lunch.

Distance up to 4km. Easy walking. Walk planned around Public Transport.

Walks are cancelled if:

- the temperature forecast for Adelaide is 32° C or higher (**ABC / BOM** after 5pm day prior)
- a leader nominates a lower 'cut off' temperature
- a Total Fire Ban is declared for the walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing and subject to change. Refer to our website to confirm details closer to your walk.

Day	Depart	Leader	Area	Meeting Place
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OCTOBER 2026 TUESDAYS

6	9.30	Ann Shipley 0449 151 003	City to Norwood	Meet in Grenfell St at City Cross Walk parklands etc. Coffee eats @ Café Bravo
13	9.31	Mark & Geri Hinter 0458 695 465	Second Creek	Meet at Bus stop E2 Currie St, North Side Catch bus 142. Alight at stop 16 Glynburn Rd Burnside. Coffee eats @ Feathers Hotel
20	8.56	Milton & Jan Turner 0428 861 853	Christies Creek Trail	Adelaide train station. Catch Seaford Train. Alight at Christies Downs Coffee eats @ at Café Primo
27	9.41	Erica Noble 0447 121 235	Brighton Circular Walk	Adelaide Train Station. OR at Brighton Station, West Side @ 10.04 Alight train at Brighton Coffee eats @ Juniper & Pine Cafe

NOVEMBER 2026 TUESDAYS

3	9.24	Delma Goodale 0457 108 097	Western Bike Track to Glenelg	Meet at Bus stop D1 East side, King William Street. Catch Bus 262. Alight @ Stop 13 Anzac Hwy. Coffee eats @ Maxwell Tce Cafe
10	9.21	Lyn 0408 059 586 Mary 0421 361 030	West Beach to Glenelg	Meet at Bus stop U1 Grenfell st. Catch bus J1. Alight at stop 15A Military Rd Coffee eats @ Banjo's Bakery
17	9.37	Peter Anglberger 0448 433 282	Torrens Linear Park Klemzig - Walkerville	Meet at Bus stop D3 Currie st. Catch bus J2 Alight at Bus Zone B, Klemzig. Coffee eats @ The Nest Café
24	9.45	Jennifer Dow 08 8276 6484	Glen Osmond Creek West area.	Meet at Tram Stop at Adel. Train Station. Alight at Tram stop 2, Wayville. Coffee eats @ Pat A Cake Cafe

DECEMBER 2026 TUESDAYS

1	9.30	Thea Maxwell 0401 973 600	North Parklands	Meet at Bus stop Z1. Catch bus 222 Alight at stop 1 King William Rd Coffee and Eats at Wellington Hotel
8	9.32	Liz O'Shea 08 8352 1636	Torren' Mouth to Lockleys Cut off 28C	Meet at Bus stop V2 Currie st South Side. Catch Bus H22 Alight at Stop 23 Military Rd. Coffee and Eats @ Lockley's Hotel
15	9.36	Aileen Tonkin 0417 297 810	Hope Valley	Meet at Bus stop E2 Currie St. Catch bus 271. Alight at Stop 38B Grand Junction Rd. Coffee eats @ Muddy Waters Coffee House
22	9.31	Deb Dalton 0411 892 288	Shepherd Hill Recreation Park	Let's look Christmassy. Meet at Adel. Train Station Catch Belair train. Alight at Eden Hills Coffee eats @ Southern Bar and Bistro.
29	9.26	Sue Beal 0432 700 772	Marino to Wattle Park	Meet at Adel. Train station. Catch Seaford train Alight at Marino. Walk to Wattle Park. Sue is catering lunch for us at her home.

T Walks – Summer Program

Beth Carroll

Duration: 1.5 to 2 hours in the late afternoon *and may be followed by a picnic or meal.*

T Walks will take place

- even if the forecast is 32 degrees or higher, but Leaders may nominate a Cut-Off.

Walks are cancelled if

- a Total Fire Ban is declared in the proposed walk area (**CFS website/ Alert SA app**)

Walk schedules are current as at printing & subject to change. Refer to our website to confirm details closer to your walk.

Day	Departs	Leader	Area	Meeting Place
OCTOBER 2026				
Wed 7	5.00	Neil Nosworthy 0429 773 800	O'Halloran Hill	Mostyn Road Reserve XH83+F2 Darlington Dinner at Flagstaff Hotel afterwards. Text Leader by 4 pm on 5/10 if staying for dinner
Mon 19	5.00	Margo Leatch 0407 407 270	Brown Hill Creek Going up the creek	The Edinburgh Hotel 2JCC+MW Mitcham, Text Leader by 4 pm on 17/10 if staying for dinner
NOVEMBER 2026				
Fri 6	5.00	Peter Carroll 0417 575 645	Largs Bay	The Largs Pier Hotel 5FGP+4MV Largs Bay Text leader by 5pm on 4/11 if staying for dinner.
Mon 16	5.00	Heather Bailey 0429 952 294	Sturt Gorge	The Duck 393 Main Rd, Coromandel Valley XJ5G+WQ Coromandel Valley Text Leader by 5 pm on 14/11 if staying for dinner.
Tues 24	5.00	Evelyn Pain 0407 606 741	Brown Hill Creek Going down the creek	Mitcham Railway Station (Vecro Avenue side) 2JF5+4F Lower Mitcham Bring Metro/Seniors Card Text Leader by 5 pm on 22/11 if staying got dinner at <i>Buongiorno's</i>
DECEMBER 2026				
Thurs 3	5.00	Karen Baker 0422 288 776	Willunga Basin	Old Noarlunga Hotel RG82+WQ6 Old Noarlunga Text Leader by 5pm on 1/12 if staying for dinner.
Fri 18	5.00	Kathryn Brown 0428 194 065	Torrens Linear Park	Car park behind Lockleys Hotel, Kandy St, 3GC9+RGC, Fulham Text leader by 5pm on 14/12 if staying for dinner at <i>Lockleys Hotel</i> .