

## **Nepal Camp November 2027**

### **Proposed Dates**

November 18 to December 3, due to this window being right in the heart of the best trekking season, with further considerations including:

- quiet trails, settled weather, clear mountain views;
- comfortable daytime weather conditions.

### **Group Size & Composition**

Focus Tours require:

- minimum of 4 and maximum of 10 participants.
- If the group includes a few couples Focus Tours can expand maximum group size up to 12 - 14.

### **Accommodation**

#### **Kathmandu**

[Kathmandu Guest House] — a long-standing favourite full of character and centrally located.

#### **Pokhara**

[Hotel Barahi Pokhara] — comfortable lakeside hotel with excellent facilities.

#### **On trek**

Cosy village lodges throughout, each with warm common areas and hearty home-cooked meals

### **Itinerary & Daily Walks**

Focus Tours advise their trek is in line with RASA Group C, which is a moderate walking classification, well suited to active over-50s trekkers.

In practical terms, that means the trek is structured as:

- 3–4 hours of walking per day, covering roughly 7–12km;
- Moderate gradients — nothing overly steep or technical.

The trek stays 2–3 nights per lodge, giving everyone a chance to:

- settle in and enjoy proper rest days;
- alternatively, walking is available on request for those who'd like to be more active on any given day.

Focus Tours makes special mention of their particular day walk terminology as being in hours, rather than kilometres, explaining that:

- Nepali trails can be deceptive — a short distance on the map might involve a long, winding ascent, so hours give a much truer sense of what to expect than raw distance does.

By way of example, Focus Tours provides a summary of their distances / times, as follows:

- Day 5 (Pumdikot): 1.5 hrs one way, 2.5km — walk down to the Shiva statue, optional taxi back;
- Day 6 (On way to Dhampus): 1.5 hrs, 3.5km circuit to the Peace Stupa;
- Day 7 (Dhampus): 1.5 hrs, 4km each way — to Australia Camp (highest point, 2,000m);
- Day 8 (Dhampus): 1.5 hrs, 4km one way — to Pothana, plus optional 20-min extra to a viewpoint;
- Day 9 (to Gauchok): optional ~2 hrs, 5km, or drive straight in;
- Day 10 (Gauchok): 1 hr, 2.5km each way — to the waterfall;
- Day 11 (Gauchok): 1.5 hrs, 3km each way (~3 hrs round trip) — to Macchapuchre Village.

Focus Tours directs interested RASA C walkers attention to their website, as appears below, for day by day itinerary.

- <https://www.focustours.com.au/product/annapurna-villages-day-trekking-3-lodge-tour-16-days/>

## **Sightseeing**

## **Kathmandu**

- Day 2: A guided sightseeing day from 9:30am to 4:00pm with a licensed local guide, taking in the city's key heritage sites.

## **Pokhara**

Day 13: A relaxed canoe outing on Phewa Lake, approximately 2 hours, a lovely way to unwind with mountain reflections on the water.

Day 14: A cable car excursion followed by lunch, running for about 4 hours total, personally guided by Focus Tour operator Jim and his local associate, Rami.

## **Inclusions**

- All accommodation as listed (Kathmandu, Pokhara, and village lodges);
- All meals during the trek;
- All trekking permits and TIMS card;
- Licensed English-speaking trekking guide;
- All internal transport as per itinerary;
- Return domestic Kathmandu - Pokhara - Kathmandu flights;
- Kathmandu sightseeing tour with licensed guide
- Pokhara canoe outing and cable car excursion with lunch.

## **Exclusions**

- International flights to/from Kathmandu;
- Nepal visa fees;
- Travel insurance (compulsory);
- Meals in Kathmandu and Pokhara not specified in the itinerary;
- Personal expenses (drinks, laundry, tips, souvenirs);
- Tipping for guides (customary, guidance provided closer to departure);

## **Meeting Point & Flights**

Focus Tours will meet trek participants at Kathmandu Airport on Day 1, with drop-off back at the airport on Day 16.

Focus Tours recommends:

- Singapore Airlines and a travel agent in Adelaide, if required.
- The whole group travel together on the same flights, but not essential, as Focus Tours will coordinate the airport pickup with advance notice.

## **Visa & Weather**

Focus Tours advises:

- Visa: Nepal visas are available on arrival;
- Weather: November is one of the best months to trek — cool and clear, with maximum trekking altitude staying around 2,000m;
- daytime temperatures around 20°C and nights around 4°C (often milder).;
- Lodges are cosy, most with fireplaces to gather around in the evenings;
- Layered clothing;
- No specialised mountaineering gear required.
- Suitcases are perfectly fine — Focus Tours' support team transports luggage between lodges each day.

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### **Costs**

- \$6,400 AUD per person, twin share;
- Single supplement: \$700 AUD;
- Group discount: If a confirmed exclusively RASA group of 6 or more, Focus Tours shall apply a 10% discount off the per-person price.

Focus Tours hopes the above information provides interested participants everything needed to make a confident decision and further adds that this itinerary is genuinely one of their most rewarding for those wanting real cultural immersion alongside beautiful, manageable walking.

I am seeking an expression of interest from level C members who would like to join this fascinating trek arranged by an experienced and recommended tour operator.

Please contact me if you have any questions or to indicate your interest to participate,

Regards  
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